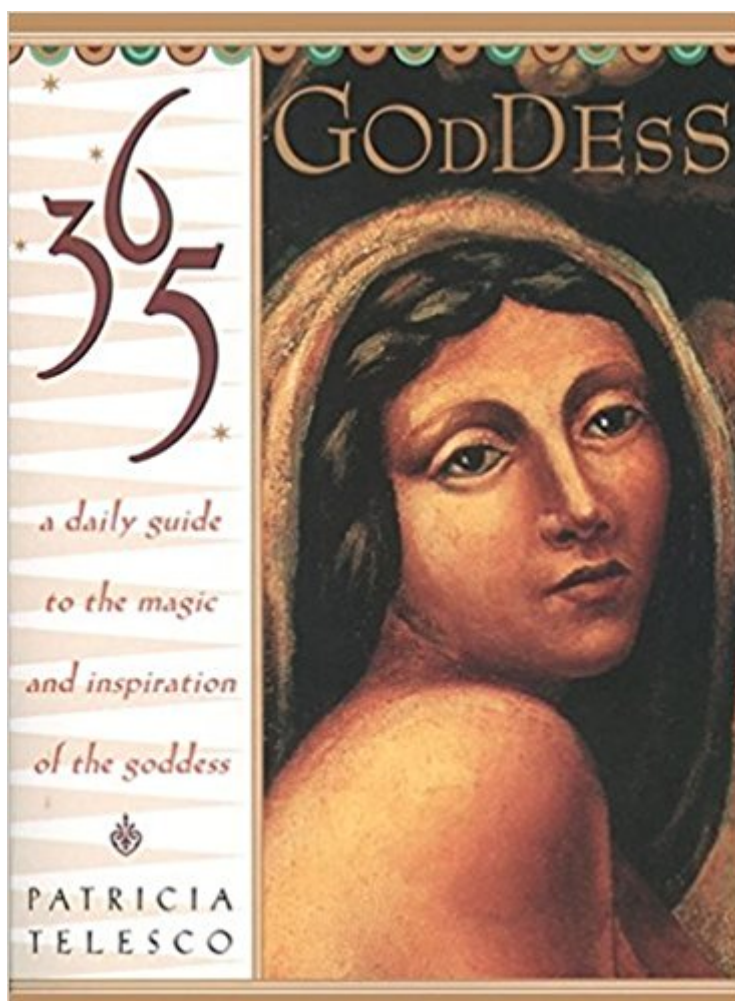


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365 Goddess: A Daily Guide To The Magic And Inspiration Of The Goddess



Synopsis

Goddess wisdom for every day of the year Bring life-affirming magic and empowerment into every day of your life with this unique and useful guide to the goddess. Through the ages, people have celebrated the role of goddesses in maintaining the fl

Book Information

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Customer Reviews

SPIRITUALITY New in our popular 365 series: a goddess a day for reflection and inspiration, blessing and enhancing each day of the year with life-affirming magic and ritual. The wisdom of hundreds of goddesses from all around the world, symbolizing love, fertility, healing, peace, and more, are revealed and honored in the pages of 365 Goddess, a daily guide to drawing on the ancient feminine aspects of the divine for inspiration, empowerment, and spiritual sustenance. A compact and irresistible volume, it is the ideal gift for goddess fans and anyone looking for new ways to celebrate each day. *In the page-a-day format, each calendar day is dedicated to one goddess and her seasonal theme. *Lively text highlights each goddess's symbols, history, and special qualities. *A simple activity--such as ritual, prayer, or meditation--is suggested to draw on the goddess's power in matters of love, finance, health, creativity, and more.

Patricia Telesco is a practicing herbalist, metaphysical lecturer, and author of Goddess in My Pocket, 365 Goddess, and other books on dreams, divination, magick, and Wicca.

I am a novice in my spiritual walk; just taking it seriously about two years ago. I was looking for something I could use similar to devotionals I used to do when the Christian Bible was the only reference I used. This is a wonderful starting place. It is exactly what I was hoping it to be. Each Day has a holiday or festive from somewhere around the globe coupled with a female deity that relates to that day and a "To Do" to help the reader be a part of the focus for that day. I usually read in the evening so I can prepare for the coming day. For example I read the 10th's the evening of the 9th. I have not researched further into any material within this text.

Very informative. Love it. I share with my daughters daily about women valued and respected and worshiped all over time, places and cultures. This is a daily reminder that I do have value as a woman even tho the current culture here USA can be degrading and disrespectful.

"So when you find the apathy bug biting at your heels, when you feel like your daily routine has become drab, when you yearn for a spiritual anchor to hold you firm in life's hectic storm, or when you want some real soul food, look to the Goddess and her scintillating magic for help and sustenance." - From the book Like a crystal, there are many facets to the Goddess and which distinct face you see depends largely on culture and spiritual tradition. In 365 Goddess, author Patricia Telesco has amassed historical, thematic, and symbolic information in the form of a daily devotional. Spanning worldwide cultures and holidays, each day of the year is devoted to a particular goddess. Holidays, festivals, and feasts are also noted and the author correlates these with attributes of particular goddesses. The author shares the themes, symbols, and historical/cultural influence of each goddess, as well as a section "To Do Today". These exercises or meditations are designed to highlight and reinforce the energy of a particular goddess. The author also provides an overview of each month, including metaphysical insights. For example, Telesco explains where the name "December" comes from, the lengthening of the nights and the connection to rituals of light (like Yule), and the magical focus of purification, healing, and banishment. 365 Goddess draws from many traditions, including Zoroastrian, Swedish, Lakota, Spanish, Haitian, Slavic, Afghanistani, Roman, Hopi, Polish, Cabalistic, Scandinavian, Chilean, Essene, African, Catholic, and many more. The devotional for December 12 is dedicated to Bamyā. The Persian festival of Sada falls on this day. The themes for this goddess are victory, banishing, protection, and overcoming. Light and fire are her symbols. About Bamyā, Telesco writes: "In Zoroastrian tradition, this goddess guides the sun god Mithra's vehicle through the sky. More important, as the goddess of twilight, her presence signals the beginning of today's festival." The "To

"Do Today" section includes several paragraphs explaining the festival of Sada, thoughts on Bamyā's counsel for the day, a candle ritual, and a prayer offered to this goddess. Although 365 Goddess is organized according to date, it doesn't have to be used this way. Instead, you could turn to a random page for spiritual insight. Alternatively, you could consult the Topical Index in the back of the book. For example, if you're looking for a devotional or ritual dealing with the theme of change, several dates are provided. Other topics include the element of Air, Charity, Karma, Maturity, Protection, Rest, Sexuality, Wealth, and many more. I enjoy using this book as a daily reminder of the many faces and energies of the Goddess. It's also interesting to read about goddesses I've never heard of, as well as learn about various cultures, holidays, and celebrations from around the world. 365 Goddess is a great devotional for those wanting to integrate the Divine Feminine into their lives, as well as those interested in Goddess mythology.

Love this book!

A+

This is one of those books that when you finally buy it you are not disappointed in the least. Each page speaks to you about a Goddess in an interesting way and, what's best of all, it shows you how to introduce that Goddess's lore into your daily life. For instance, today it's May 25th. This is a day about the Holy Spirit, according to this book. It says that "Holy Spirit is a female force in both Gnostic and Hebrew writings". I didn't know that, I find it interesting. I keep reading about Moses, and God's promises about "milk and honey". So there it is the tip of the day; just enjoy honey and milk, and ask Holy Spirit during meditation about promises for your life. A nice and simple experience; and thanks to this book, each day becomes unique and you live fully your spirituality. No kidding; try it.

I don't like to see books receive negative reviews based on limited knowledge. For example, Dag IS a Scandinavian goddess: Dag (Scandinavian) Goddess of the day; daughter of Nat, goddess of the night. Dag rides across the heavens on her horse, Skenfaxi, whose mane shines so brightly that it lights heaven and earth. There are also several sources that claim Idun was born of flowers. Even if this is not an agreed aspect of Idun, such a minor account doesn't detract from the excerpt about her. Regarding Voluspa, she is a goddess and it is possible that her name is another for Freyja. Her name means "gold intoxication." The myths that surround the gods and goddesses were not

intended to reflect modern feminist attitudes. It is unwise to change aspects of ancient gods because they assail the modern thinking of some. Don't let misinformation sway you from getting this delightful book. It is not a book of ancient history or an encyclopedia of goddesses; it is book to help the reader begin each day with wonderful inspirations that will set the tone for one's day.

Wonderful book to learn about a different Goddess every day of the year.

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